

EVALUATION OF IRIS IN THE WEST MIDLANDS, UK

2021

Project team:



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UNIVERSITY OF
BIRMINGHAM

RISK, ABUSE AND
VIOLENCE (RAV)
RESEARCH PROGRAMME



EVALUATION OF IRIS IN THE WEST MIDLANDS, UK

Bradbury-Jones, C., Zafar, S.,
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METHODOLOGY

Feb 2019 – March 2021

EVALUATING:

- Impact on long term health
- Link with deprivation
- Survivor perceptions of impact on health and wellbeing

COVID

SAMPLE



21 women



7 Advocate Educators



294 GP records

QUALITATIVE PHASE



telephone
interviews

experience of
D.V.A

received
IRIS support

thematic
data analysis

QUANTITATIVE PHASE

POSTCODE
deprivation
profile



history

Statistical
analysis

matched
with AE
records

lifestyle



health

BEFORE IRIS AFTER

Identification &
Referral to
Improve
Safety
UK
GP
practices

TRAINING
SUPPORT
REFERRAL

DOMESTIC
VIOLENCE
AND
ABUSE

(D.V.A.)

Research-based, RCT ✓
Nationally evaluated ✓
Programme outcomes
Health + deprivation ?

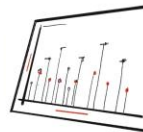


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EVALUATION OF IRIS IN THE WEST MIDLANDS, UK



QUANTITATIVE

IRIS

before

59%

DEPRESSION

after

33%

MENTAL HEALTH

Mental Health
prescriptions
increased

Improved HEALTH

OVERALL



77% of patients who
attended surgeries
MOST DEPRIVED
AREAS

after

28%

before

44%

ANXIETY

2.78

before

AVERAGE HEALTH

CONDITIONS

1.28

after

before

13%

SUICIDAL
IDEATION

6%

after

before

66%

PAIN

19%

after



EVALUATION OF IRIS IN THE WEST MIDLANDS, UK



QUALITATIVE



She gave me the right help
at the right time

EXPERIENCE of IRIS

She allowed me to speak;
allowed me to cry.

There's an open door opportunity,
rather than going back to the
doctor to get re-referred

She phoned me
every week

DRIVING FORCES for SEEKING CHANGE



I knew I needed to talk to
someone. I felt very
scared, very vulnerable.

I didn't know what was going
to happen, I didn't know what
the routes were for me.



LIFE BEFORE IRIS

There were times when I wasn't even
surviving because I wanted to be dead.

I was a shell of a person in comparison
to who I actually am. He'd isolated me
from my friends. I had no self worth.

6 THEMES



Today I can stand on my own feet because
before this I was not even allowed out.

PERCEIVED IMPACT

It's had a massive, massive
impact on every aspect of
my health.

It's taken a long time for me to
recognise and understand that my
mission in life is to be the best
version of me.

RECOVERY as a JOURNEY



I haven't come to the end of my journey
in dealing with what happened to me,
but I'm a lot further forward than
I would have been

I've enrolled into college to
start in September... I've got
my goals, in place, where I
want to get to.



LOOKING to the FUTURE

I want to further my career, I want a
secure future for my children.





EVALUATION OF IRIS IN THE WEST MIDLANDS, UK

DVA training, support
& referral programme

GP practices

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QUALITATIVE

6 THEMES

LIFE BEFORE
IRIS

DRIVING FORCES
for SEEKING CHANGE

EXPERIENCE
of IRIS

PERCEIVED IMPACT

RECOVERY as
a JOURNEY

LOOKING to
the FUTURE

Everyone's aware of antidepressants.
Nobody is aware of anti-abuse workers.

EMPOWERED
patient & children

Increased
SAFETY

Reaching
communities

awareness

VIEWS

21 women

294 G.P. records

7 Advocate Educators

QUANTITATIVE

AVERAGE HEALTH

before 2.78 after 1.28

CONDITIONS

before 59% after 33%

before 44% after 28%

DEPRESSION

ANXIETY

MENTAL HEALTH

A BRIDGE BETWEEN G.P. and

Reduced TRAUMA

SPECIALIST
DVA
SERVICES